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Why Choose Us?

Experienced Teaching staff.

Fully equipped Science, Math &

Computer Science lab.

Excellent Facilities for outdoor and

indoor games.

Research and Development Centre.

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> THE BEST **EDUCATION**

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## Teachers Training on Various topics were conducted by professional Trainers

## Power of Questioning by Ms.Ratan Gopinath

Mrs Ratan Spoke about the power of questioning.

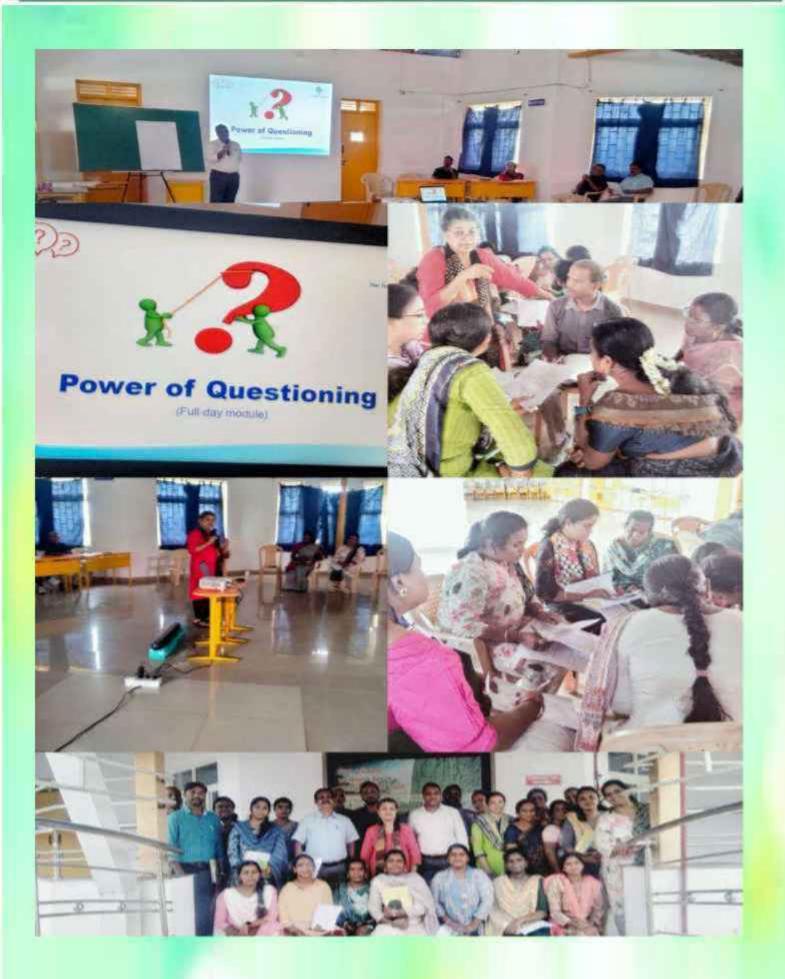
"The Art of Asking Questions Can Move People to New Dimensions in Their Thinking"
Why Questioning Skills Are Important?

- It fosters curiosity, promoting critical analysis and makes a child to engage in deeper understanding.
- It enhances communication skills, strengthens problem-solving abilities and nurtures a
  growth mindset.
- Overall, it plays a vital role in the child's development of personal growth, critical thinking and fruitful communication.
- Purpose of asking four types of questions such as Closed-Ended,
   Open-Ended, Lower Order Thinking skills and Higher Order Thinking Skills.
- Way of connecting critical thinking questions to make a child to in depth with the topic
- · Frame questions using prompts such as
  - 1. What might happen if.... 2. In what other ways can we show.......
- Compare and contrast open ended and closed-ended questions.
- A micro teaching method that has ignited my mind to inculcate all these in an
  effective manner.















## Effective Classroom teaching in the 21<sup>st</sup> Century – Insights from Pearson Training

A classroom extends beyond physical space; it is a nurturing environment where students develop, explore, and prepare for their future. Effective teaching is crucial in shaping how students learn. Today, successful teaching is not merely about delivering information. It involves fostering students' ability to think critically, communicate effectively, and collaborate creatively.

Students have different learning styles and beliefs about their abilities. Some think they are inherently "good" or "bad" at certain subjects, while others believe they can improve through effort and support. These beliefs are referred to as mindset.

- Fixed Mindset: Students with a fixed mindset think their abilities are unchangeable. For
  instance, they might say, "I'm not good at grammar," and may not attempt to improve.
- Growth Mindset: Students with a growth mindset believe they can enhance their skills with practice. They may express, "I'm not good at grammar yet, but I can learn."









## Educational Sustainable Development by Ms.Lavanya

Ms.Lavanya Varadarajan spoke about Sustainable Development in Education, which inspired us to integrate sustainability principles into our classrooms. Early introduction of these principles helps develop environmental, social, and economic awareness, shaping our students into responsible "Global Citizens" ready to create a sustainable future.









#### **Teaching Learning Process**

Creativity in teaching and learning are essential factors that contribute to the transformation of education. Creative and innovative teaching strategies boost student engagement, encourage, critical thinking and improve the overall effectiveness of learning. This teaching learning process was well conducted and well explained by Mr. Stephen sir.

#### We teachers at Rockford school are enlightened on the following aspects.

- To motivate students to ask open ended questions.
- Assessing learning needs of students.
- Designing feedback and evaluating student's progress.
- Providing feedback and evaluating student progress.
- Collaborative learning.
- Objectives of teaching learning process.
- Skill development.
   Attitudes and values.









## Critical Thinking by Dr. Sheela Raghavan

#### **CRITICAL THINKING:**

"It is an approach to think clearly and rationally understanding the logical connection between ideas.".

#### WHY IT IS NEEDED?

It empowers learners to actively participate in society and not to be passive recipients of knowledge.

- It is one among the top skill for the future work force.
- It helps the students to shift from Rote learning to Reflective learning.
- It encourages productive struggle and tolerance for ambiguity.







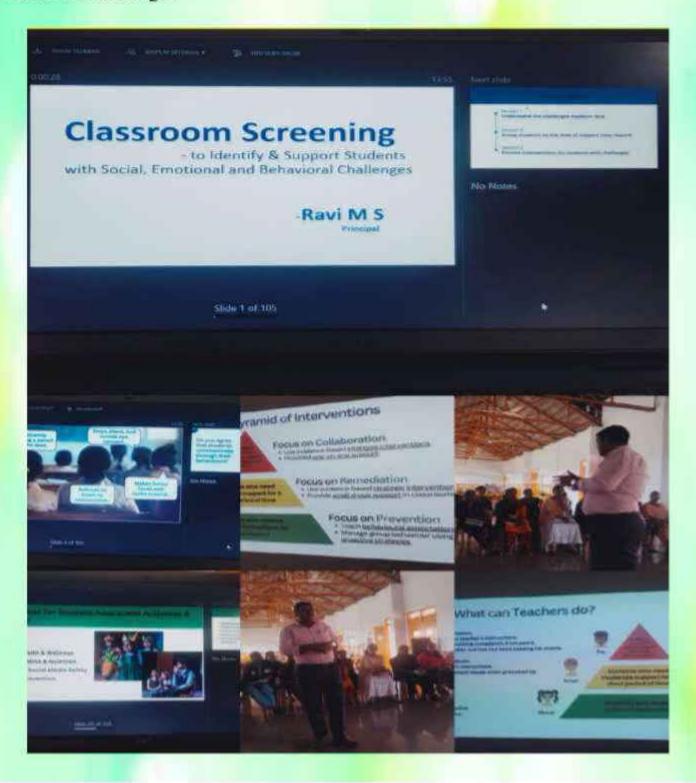


## Behavioral Challenges by Mr.Ravi, Principal

"Understanding why a kid is challenging is the first and most important part of helping them". It was an amazing session that was conducted by our beloved Principal Sir on how to identify different behavioral challenges of children.

He has explained three types of challenges that we teachers play a vital role in identifying and supporting the students such as:

- 1. Social challenges
- 2. Emotional challenges
- 3. Behavioral challenges









## **Accreditation Orientation Program**

The school conducted an Accreditation Orientation for all staff to ensure awareness and active participation in the accreditation process. The session covered 50 key parameters, with a focus on each process involved in maintaining educational quality. Staff were also updated on the leave policy and reminded of Rockford School's rules and regulations to ensure smooth and professional functioning. The orientation aimed to strengthen team understanding, accountability, and commitment to excellence in all areas of school operation.

















## World 'No Tobacco' Day

"I pledge to say no to tobacco in all its forms.

I understand the harmful effects it has on health, families and society.

I promise to spread awareness and support a tobacco-free future."









## **World Environment Day**

Beat Plastic Pollution - the campaign aims to raise global awareness about the harmful impact of plastic waste on eco-systems, wildlife and human health.

### Putting an end to Plastic Pollution









## Felicitation in the Assembly

## 12th School Topper - Ms.Geethanjali

The Management, Principal and the Staff felicitated Ms. Geethanjali on Friday 13th, 2025 for her astounding performance in the 12th CBSE Board Examination, 2025.

Principal appreciated her stating that this is another milestone for our Rockfordians in their academic pursuit and excellence.

Ms.Geethanjali showed her gratitude to the Chairman, Director, Principal and the staff for this achievement.









## The Right to Education

Every child has the right to education, to play, to dream and to be safe. The right to education act was implemented in India in 2010. It is a fundamental right enshrined in article 21A of the Indian constitution. Education is a cornerstone of individual and societal advancement offering numerous benefits across various aspects of life. Education plays an important role in everyone's life. The word education not only means acquiring knowledge. The first objective of getting good education is to become a good citizen and then to become a successful person in personal and professional life. Good education will always increase our confidence level and it helps us to determine what is right and what is wrong for us. Education makes us the right thinker and the right decision maker. Education helps us to develop personality and earn recognition and respect in the family and society. In this competitive world education is the most important thing, so never ignore the importance of education in life at any cost. Education encourages creative thinking and problem-solving fostering innovation and the ability to changing circumstances. Education is a powerful tool enabling individuals to achieve their full potential and create a more prosperous and equitable world. "Education is the most powerful weapon which you can use to change the world."

---- Nelson Mandela.

By

Ms. Mohana Kumari







## 11™INTERNATIONAL YOGA DAY

The International Day of Yoga (IDY) 2025 marks a significant milestone, the 11th anniversary of this global celebration. Under the theme "Yoga for One Earth, One Health," this year's observance highlights yoga's vital role in promoting holistic well-being and environmental harmony. Over the past decade, IDY has evolved into a worldwide movement, uniting millions in the practice of yoga to enhance physical, mental, and spiritual health.

Rockford celebrated the International Yoga Day with great pomp and fanfare. Students and teachers participated enthusiastically in performing the different Asanas and through guided meditation. They were told about the benefits of yoga and as well as to spread the awareness to their parents, relatives and friends so that they too know the importance of maintaining their physical and mental well-being by performing regularly.







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1 to 20 numbers: Number Game

Class: - I

**Subject: Mathematics** 

In this activity children are actively participated and learnt the concept very easily, 1 to 20 number games is a fun interactive game where children try to say or select numbers from 1 to 20 in the correct order and they have to spell the correct number names for each numbers under specific time constraints. It helps to improve concentration, quick thinking and number recognition.





#### **Making Mask**

Class: II Subject: Tamil

Students of class 2 had a fun filled day with making various animal masks and learning their corresponding sounds. The proper given names of various animal sounds were made known to the class.







#### Subtraction

Class: - III

**Subject: Mathematics** 

Students of 3rd A and B actively learned subtraction of 4 digit numbers by doing activity using icecream sticks, tamarind seeds and addition chart. This created enthusiasm and interest in students to solve subtraction problems.

















#### Dum Dum Chinnu Poem

Class: III Subject: Tamil

Our 3rd standard students recently sang a fun poem about vegetables, showcasing their creativity and enthusiasm. All the students actively participated, singing and acting out the poem. Students were fully engaged, enjoying the experience and learning about various vegetables.

The performance was a delightful experience. It was a fun way to promote healthy eating habits and appreciation for various vegetables.







#### Compound Words

Class: - III Subject: English

The compound words made exciting for students. It helped them to think creatively and understand how two small words can come together to make a new word with a different meaning. Students stayed active, engaged, and confident while building their language skills.





#### Hands on Activity

Class: IV Subject: Science

The students of Class 4 participated in an exciting activity to explore how some leaves like lotus leaves can hold water on their surface. They observed that certain leaves did not absorb the water. Through this hands-on experience, the students discovered that some leaves have a special waxy coating. This coating helps the water stay on top of the leaf, allowing it to float rather than soak in. The activity helped the students understand the interesting ways plants adapt to their environment.







#### The Tiger and the Rabbit

Class: - IV Subject: Tamil

Our class recently acted out the story of "The Tiger and the Rabbit," showcasing creativity, teamwork, and valuable life lessons.

Students took on roles as the Tiger and Rabbit, demonstrating impressive acting skills.

Students adapted the script to fit their creative vision, adding their own flair. Students worked together, showcasing excellent collaboration and communication skills.

Creativity: The performance highlighted students' imagination and creativity in bringing the story to life.

Life lessons: The story taught valuable lessons about intelligence, agility and friendship.





#### **Traditional Games**

Class: III Subject: EVS

The students of Grade 3 actively engaged in learning about traditional games. The session was full enjoyment, mutual understanding and truthfulness among them. They discovered that older games are not only fun but also full of enthusiasm and creativity.







#### **State Identity Elements**

Class: - IV

Subject: Tamil

State Identity Elements - Students of class 4 made chart displays on the identity elements of our state, learning about their symbolic importance and sharing them with their class.



#### **Health Benefits**

Class: V

Subject: Science

The students of Class 5 participated in an engaging activity to understand how the lack of vitamins affects our health. They learned about different types of vitamins like Vitamin A, B, C, D, and their importance in our daily diet. Through posters and group discussions, they discovered what happens when we don't get enough vitamins—for example, weak bones, poor eyesight or tiredness. It was a fun and educational experience that helped everyone learn the value of eating a balanced diet with fruits and vegetables.







#### **Learning Activities**

Class: - V

Subject: Science

Students of grade 5 learned about living places of different animals and birds and their proper terms. They made chart displays and nest models as a part of the learning activities and shared them with their fellow classmates.



#### Types of Animal

Class: V Subject: Science

The students of Class 5 actively participated in an activity on the types of animals. This engaging experience helped them deepen their understanding of animals with bones (vertebrates) and those without bones (invertebrates). As a result, they are now able to easily identify and classify animals based on the presence or absence of bones and better understand the characteristics of each group







#### **Story Telling**

Class: - V Subject: English

In this creative activity, children observe a picture showing leisure time and turn it into a unique story. Through this, they learn to think imaginatively, build sentences, and express ideas confidently. Improve speaking and storytelling abilities. Expand their vocabulary and creativity





#### Lines and Angles (special angles)

Class: VI

Subject: Mathematics

Students are expected to identify, classify and understand the properties of lines and angles. This includes recognizing different types of angles (acute, obtuse, right, straight), understanding concepts like parallel and intersecting lines and using appropriate terminology to describe these geometric elements. They should also be able to measure and construct angles using a protractor and compass.







#### **Comparing Angles**

Class: - VI

Subject: Mathematics

Students should be able to identify angles in their surroundings and relate them to realworld objects and situations.

Understanding the importance of angle measurement:

Students should understand that angle measurement is important in various fields like architecture, engineering and art.







#### Stripes of Imagination

Class: VI

Subject: English

Comic strip activities are an engaging and interactive way to promote language learning and development in children.

Here our students of Class VI have participated in a Comic strip activity and presented well. Such an activity encourages children to think creatively and express themselves through art and storytelling. It helps children develop their language skills, including reading, writing and vocabulary.







#### Missile Man of India

Class: - VI Subject: Tamil

Students of class 6 had an enthusiastic day making models of missiles and getting to know about the Missile Man of India -

Dr. A.P.J. Abdul Kalam as a part of the learning activities. The class gave them a good brush up on one of the most prominent personality of our country.





#### Parts of the Digestive System

Class: VII

Subject: Science

Students are separated in groups. Each group had three or four members. Each group was given one part present in digestive system, they did like skit and explain about parts present in digestive system. This helped the students to think how our digestive system works and also, they analyse which food is good and bad for our health.







#### Picture talks- Values that build us

Class: - VII

Subject: Geography

Students stocked some environmental pictures in the chart paper and wrote few lines about the values of that picture and explained in the classroom about the components of the environment. It improves the students speaking and presentation skill.



#### Squirrel's Tail

Class: VII Subject: Science

In this different activity, they created their fantasy and imaginative stories using squirrel and its world. They have come up with different ideas and this helped them to explore new vocabularies.







#### Say No to Drugs

Class: - VIII

Subject: Social Science

The students of Class 8 organized a meaningful awareness program on the topic "Say No to Drugs." Everyone participated with confidence and enthusiasm. They shared real-life stories of how drug addiction has affected people around them. Some students bravely spoke about problems in their own families caused by addiction.

They explained how drugs destroy health, relationships and family peace. Students highlighted that addiction brings pain not only to the user but also to their parents, siblings and children. They also spoke about issues like sexual abuse, violence and fear at home due to drug use.

The program covered how addiction can lead to school dropouts, unemployment and a dark future. The message was clear: Say NO to Drugs and YES to a healthy and happy life.





#### **Agricultural Practices**

Class: - VIII

Subject: Science

By play way method the students were learning 7steps and understanding the steps, methods and tools. Then they were explaining about each steps what are the tools and methods using now a days...







#### News for the Curious

Class: - VIII Subject: English

News reading is an essential activity for children, especially in English, as it offers numerous benefits for their language, cognitive, and social development. Here our students of Class - VIII have read the news with a clear, confident and with a neutral tone and appropriate vocal variation to emphasize key points. Such an activity encourages children to think critically and analytically about the information presented; also it develops their communication skills, including summarizing, paraphrasing and discussing complex topics.





### Saprotrophs

Class: VII

Subject: Science

#### Growing fungi

These activities will help students understand the basics of fungi formation, structure and nutrition. By observing and experimenting with fungi, students can develop a deeper appreciation for the importance of fungi in our ecosystem.







# Conduction [Conductor and Insulator]

Class: - VII

Subject: Science

By using candle to test different materials (e.g., metals, plastics, wood)

This activity helps students understand the concept of conductors and insulators and how they are used in everyday life. By testing different materials, students can develop a deeper understanding of the properties of conductors and insulators.





### தமிழரின் கப்பல் கலை

Class: VII

Subject: Tamil

Students had an exciting opportunity to make models of ships and light houses as a part of learning the ship building expertise of ancestral Tamil people. They were able to learn the cultural and historical importance of the navigation and seamanship of ancient Tamil empires.







#### **Crop Plantation Drive**

Class: - VIII

Subject: Science

I divided the students into groups of girls and boys.

Assigned each group a specific crop to plant (e.g., one group planted tomato seed, one group planted carrot seed, etc.).

They were provided with the necessary materials, such as seeds, soil, pots, and gardening.

This activity promotes hands-on learning, teamwork, and critical thinking while educating students about the importance of crop plantation and sustainable agriculture practices.





#### Coordinate Geometry

Class: IX

Subject: Mathematics

Identify and describe the components of the Cartesian plane (x-axis, y-axis, origin, quadrants).

Plot points on the coordinate plane using ordered pairs (x, y).

Locate and mark points with given coordinates in all four quadrants.

Recognize that the coordinates of a point describe its position uniquely on the plane.

Solve simple real-life and geometrical problems involving coordinates.







## Poster Making on Economic Challenges Faced by Farmers in Palampur

Class: - IX A & B

Subject: Social Science (Economics)

Students can identify economic challenges faced by farmers in Palampur. Understand the impact on farmers' livelihoods and the local economy. Students created a visually appealing poster communicating key points. Think critically about the challenges and potential solutions. It develops problem-solving skills to address the challenges. Students present the poster effectively, using clear and concise language.

















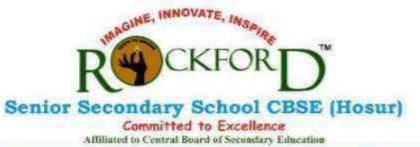


#### **School Student Council Election**

The Student Council voting took place on 25th June 2025, with full participation from the student body. The event was conducted in an orderly manner, promoting the values of leadership, responsibility and democracy among the students.

















#### போதை ஒழிப்பு நாள் விழிப்புணர்வு நான் ஏன் போதைப்பொருளைத் தவிர்க்கிறேன்

#### போதையினால் ஏற்படும் தீமைகளைப் பற்றி விழிப்புணர்வு நாடகம்.

போதையால் சீரழியும் குடும்பங்களையும், போதையால் உடல் நலத்திற்கு ஏற்படும் பாதிப்புகளையும், நாடகத்தின் வாயிலாகக் கண்பார்வை இழந்தததையும், காது கேட்காமல் போனதையும், பேச்சு மூச்சு இல்லாததையும் நன்கு அறிந்து கொண்டனர்.

"போதைப் பொருள்களை ஒழிப்போம்

மனித மாண்பைக் காப்போம்"

